

Your Loyalist College experience includes Learning Transitions



Learning Transitions can help you:

- Create a balanced, manageable work load
- Develop effective study skills to help you be successful
- Confirm your career and program goals
- Access other college services
- Examine program choices – for now and the future
- Adjust to the challenge of balancing college life, family and job demands

Learning Transitions is always your study partner

Other helpful student success resources include:

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| • Aboriginal Resources Centre.....1H13 | • Health Centre1H7 |
| • Academic Skills Centre3N1 | • Library – The Parrott Centre |
| • Admissions2H1 | • Peer Tutoring.....2H1 |
| • Computer Assisted Learning Centre2H9C | • S.O.A.R. 2L20
(Student Office for Alternative Resources) |
| • Employment/Career Services1H16 | • Options for Success: See Student Manual and Guide |
| • Financial Assistance2H1 | |

Your faculty and program co-ordinator are always there to help.

Professional counselling services are available to all students at no cost through the Student Services Office 1H16 ext. 2244

- Individual or group counselling
- Advice and help in dealing with a crisis
- Access to Loyalist College Food Bank
- Learning skills and test taking tools
- Educational, career and personal concerns
- College and community referrals
- Help with depression and anxiety
- Time management

LEARNING TRANSITIONS Room 1H6A

Hours: Monday–Friday 10:00 am–4:00 pm
Drop in or call 969-1913, ext. 2105 for
an appointment
E-mail: learning@loyalistc.on.ca
Mary Jane Green or David Beer

